

AMERICAN SURVIVOR

Survival Information For The Prepared Citizen

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IN THIS ISSUE: Gangs and Violence , Survival of the Elderly and Disabled, Rockets Stove Compared, New Website, More on Aquaponics,

GANGS: The True Source of Violence in America

Hundreds of thousands of armed gang members directed by foreign cartels are waiting for the good people of America to be disarmed so they can complete their takeover of our towns and communities.

Introduction

Having been raised on the Southside of Chicago and spent most of my life in that area, I have had plenty of exposure to the gang culture and their effects on the communities. "Gangs have always existed, but they generally were confined to the poor and immigrant (e.g. Irish, Italian, etc.) communities. Back in the 60s (my high school days) gangs were generally local and confined their activities to fistfights with the occasional "rumble" battle. There were no gun laws, but the moral standards of that time kept gunfire out of gang conflicts. The drugs and liberal politics of the 60s and 70s glorified gangs and established the drug funding to establish permanent, nation wide gangs that abandon all moral inhibitions. These gangs establish permanent control of most inner-city communities and infiltrated the very establishments that are trusted to protect the public. The power and influence of these organizations continues to ravage our youth, devastate our economy and cripple any hope of survival and recovery from any future disaster

Chicago's Dirty Secret

The fact that Chicago's politicians continue to blame guns so they can cover-up the fact that the city is already controlled by two major Mexican drug cartels that are fighting a proxy war in the streets through the two major gang associations. The Zetas and the Sanaloz cartels have literally billions of dollars in resources to wage their war. They can brush aside the underfunded police and are only annoyed by the federal DEA.

Chicago's central location makes it the main point for drug distribution for most of the United States. The Chicago politicians, churches, police and so-called anti-violence groups are absolutely terrified of the gangs and will never go to war with them. Instead, they make guns the issue purely for political gain.

Chicago is a virtual suburb of Mexico City. Police only control the places they are standing on, and only while they are standing there. The remainder of the time, the territory belongs to the gangs. Gang members outnumber the police by hundreds to one and they are growing while the number of police is declining. **Representatives of the DEA have**

stated that “The city may be nearly 2,000 miles from Mexico, but the country’s drug cartels are so deeply embedded in Chicago that local and federal law enforcement are forced to operate as if they are on the border,”

The fact is that virtually every major urban area is controlled by gangs, who are in turn soldiers of South American drug lords. Most smaller town and even rural areas have a growing gang presents within their populations.

Gangs and Guns

These gangs acquire much of their weaponry by theft from honest citizens who are afraid to report the thefts. Gun prohibitions leave the public defenseless and those who arm themselves become targets for gun burglaries. So called “Gun Buy Back” programs are simply an incentive program to the criminals to steel gun with a guaranteed “no questions asked” price for those they can’t sell on the street. **Since these gangs are employees of drug cartels that have billions of dollars and can import thousands of tons of drugs and thousands of illegal aliens with ease into the US every year, they will easily be able to arm their street soldiers with all the weapons they need regardless of what prohibitions are imposed on the citizens.**

Do We Want To Live In Mexico!?

In Mexico City the people live in constant fear, violence, rape, beatings, kidnapping and murders are a normal occurrence on the streets. The police and government are ether already on the payroll of the gangs or too afraid to act against them in any way. Bribery and protection payments are simply the way of life. Those who resist disappear or are tortured and left in the streets. Busses

may be stopped on the highways by groups of armed gang members. The women are raped and taken to work in the bordellos. The older men are killed and the younger men and children are forced to work for the gangs. The poor and middle classes are left to be victims while the rich are forced to live in gated guarded communities and travel in armored vehicles. This is in a society with strict gun laws. Is this where we want to go?

The Subjugation of the Middle Class

While the individual police officers and smaller town police departments honestly try to do their best to slow down the flow of drugs and money from these gangs, the city politicians and the federal **government has a vested interest in the powers and justification that the gangs provide. This unintentional alliance of convenience traps the poor and the middle class in a constant state of regulation, intimidation, taxation and thievery.** Already, we have political elite that provides itself (at our expense) with fortified residences and armed guards, while advocating the disarmament of the people. **If these two forces succeed in disarming the population every city will be like Mexico City.**

Gang Facts

There are two major gang associations. The “People Nation” that wear their caps to the left and the “Folk Nation” that wear their caps to the right. Within these “nations” are gangs and within these are smaller gangs and factions. There are 56 gangs with over 68,000 members in Chicago alone. These are all affiliated with the nations and major gangs listed below affiliated with as listed below.

PEOPLE NATION	Vice Lords	Latin Kings	Black P Stones	Spanish Vice Lords	Latin Counts
Race	Black	Hispanic	Black	Hispanic	Hispanic
Colors	Black/Red	Black/Gold	Black/Red/Green	Black/Red (Maroon)	Black/Red
Identifiers' & Symbols	Dice, Playboy Bunny 22-12-14	Pirates LK/ALKN 5-pointed Crown	#7 Recent Moon Pyramid BPSN	SYL Top Hat Bunny with 1 ear bent 19-22-12	LCN Knights Helmet "Amor de Conds"

FOLK NATION	Gangster Disciples	Latin Dragons	Spanish Gangsters	Imperial Gangsters	Imperial Gangsters
Race	Black	Hispanic	Hispanic	Hispanic	Hispanic
Colors	Black/Blue	Black/Beige	Black/White	Black/Blue	Black/Pink
Identifiers' & Symbols	Detroit Tigers Tiger Hats 7-4-14	Three dots in a row hears, clubs, dice	Chicago White Sox, Dragons, LDN	Crowns with rounded edges, Hearts with wings	Pink Panther, IG, AIGN, Royal Crown

Note that none of the "folk" affiliated gangs are white. The two primary white gangs are the Aryan Brotherhood (AB, One-Two) whose sign is a swastika on a cloverleaf and the Outlaws (AOA, 1%er, GFOD) designated by the skull and cross pistons. Also note that the Hispanic gangs far outnumber the black gangs, signifying a power shift and the source of their support. This in no way is a condemnation of any ethnic group. **The good, honest, hardworking Hispanic and Black urban area citizens are the ones hardest hit by these predatory organizations.** The above information is to help you identify the gang members and their symbols and realize that foreign mercenary soldiers are in your town or on the way.

Conclusions

The city, state and federal governments will never go to war with the gangs. They

are too afraid of them now and have an unspoken compromise with them already. This reality continues to diminish our freedoms and devastate our society. **It is particularly sad to realize that evil gangs can recruit hundreds of thousands of American and would-be American youth into a life of drugs, violence and corruption while "good gangs" like the Boy Scouts, Churches and (yes) Live Free USA struggle to raise funds and support constructive and responsible youth values.** The growing power of these gangs is only accelerated by illegal immigration, and economic decline. Even small disasters provide opportunities for looting and recruiting. **A truly catastrophic epidemic, economic collapse or natural event would provide the chance for gangs to openly taking over whole regions. Only the specter of and**

armed, informed and enraged public will hold this evil at bay.

Survival of the Elderly and Disabled

By James C. Jones, EMT/CHCM

The challenges of surviving a sustained catastrophic event for the elderly and the disabled are almost totally ignored by the “prepper” community. Survival recommendations and training are almost always directed at health, younger people who are at their maximum strength and health. **I observe that about thirty percent of those attending survival events are well past their prime, overweight and in some way disabled.** I am sure that many more would-be preppers are just not able to get to survival classes, much less evacuate with a 25-puond pack. Furthermore most preppers have or will have elderly parents or relations that may suffer from arthritis, heat disuse, COPD, at dementia some point.. My wife and I both lived in the inner city with disabled parents for decades. For us, evacuation was just out of the question. We were not going to abandon our responsibilities regardless of risk. Now that our parents are gone we are elderly, but healthy and need to adjust our plans as time goes on. A few years ago I participated in a FEMA sponsored workshop on community preparedness. My team’s challenge was what to do about the elderly and disabled in our communities in a severe disaster. While we could come up with a theoretical plan, the actual implementation was going to be impossible. We had no way of knowing who these people were or where they were located and the resources were no available. It is actually against the law to ask or record this data. I know that there

are people who need oxygen, chemotherapy, medications, dialysis and other treatments to survive more than a week or two. Even more are aged or crippled with MS and other diseases that prohibit them from accessing food and critical needs without aid. **What we learned at that event was that there was little the emergency services could do for these folks under major disaster situations. These folks are struggling to survive under normal conditions.** Many of them are our neighbors and loved-ones. While their medical support and their children may be able to reach them now, they may be cut off or even overwhelmed in a catastrophe. It is estimated that the majority of those over 70 years of age and those who are functionally disabled or medically dependent will die within the first thirty-days of a full –scale national disaster.

If you are among the elderly or disabled or anyone important to you is, you need to adjust your plans accordingly. I knew a blind survivalist (ex police officer) who lived in Chicago that had a great plan. You can to. If you have disabled parents, your whole survival plans are going to be limited and modified. Evacuation may be impossible. Rescue and defense may be the only option. You need to be realistic about your own capabilities and those of your family. Disabilities (your or other) and handicaps will reduce your chances, but it does not mean that you are doomed. Realistic preparedness can provide a real chance for your survival regardless of conditions.

If you feel no moral obligation to help your disabled parents, relations or neighbors in a crisis, I really hope you don’t survive yourself.

Dealing With Your Personal Handicaps

As we grow older (you all will) our capacity to carry loads for long distances

is going to diminish. In addition to muscle loss we are more prone to illness and sensitive to temperature extremes. Heat diseases, COPD and arthritis may make any kind of “hiking” out of the question. Even if we are healthy, we may hit a wall under stress. If you are living alone or with an equally aged partner you have two options. First: If you can move to a safer location away from the city and high populations do so. Second: have a plan to drive or be driven to a safer area well before situations get critical. During a recent flood near my home, many young people were moving their parents out before the water got to them. If these are not an option or unlikely plan to shelter in place as best you can. That means having water, food, warmth, medications and self-protection that works for you in your conditions. Can you get in and out of a sleeping bag? Can you prepare meals on a camp stove or should you use heater-meals? Have you built up a supply of medications that you need? What kind of weapon can you use effectively? Consider ham radio and other communications methods to get help. Fire is your biggest threat to in place survival. Can you use a fire extinguisher? You must have ways to escape a fire that works for you. In the gravest extreme you still need to have some kind of evacuation pack. Even if you can only carry or drag 5 to 10 pounds it’s far better than nothing. A qt of water, medications, snacks, a flashlight a SpaceBlanket and a weapon will give you a big advantage. If you can get a few hundred yards to some other shelter you have a chance. Some perfectly health people will die from unpreparedness and giving up. Some prepared and determined disabled folks will get through with a little luck and determination. That should be you. You are important to us all.

Coping With Disabled Relations

There are two classes of disability related to emergency situations. We have the cooperative, but disabled who will aid in their own care to whatever extent they can and the uncooperative who may have dementia, or are just in violent denial. This last category is very difficult to help. They may fight your efforts and even sabotage your plans and equipment. Getting them to a care facility in advance is your best option, but keep in mind that many of these facilities were abandoned during hurricane Katrina and would be again. They have good plans for limited time and area disasters, but no for massive collapse events. Otherwise you are going to have to care for them as best you can while dealing with survival and defense priorities. The cooperative disabled may be able to aide significantly in their own preparations and survival actions depending on the extent of their problems. You must discuss these issues with them now. Build up supplies of everything they need (as above) at their location and show them what to do. Give special attention to oxygen and critical medications they need. Have a plan to take them to safety or to your safe location ahead of an event. If possible make arrangements with neighbors for their care until you can get to them.

Aiding Disabled Neighbors

This is the most difficult moral and legal issue of disabled care. Talk with the neighbor and/or their caregivers about what help might be needed in an emergency. Get phone numbers for relatives and medical support if possible. If practical get a written permission to enter the house under emergency conditions such as fire, crime, medical needs, etc. Consider bringing that disabled or elderly neighbor into your home to make care easier. When discussing plans with relatives, caregivers

and the disabled themselves you should strongly suggest that they stock up on water, food, medical supplies, etc as part of your help offer. You should minimize the impact on your families' supplies. **Ultimately, your family comes first, but reasonable compassion and responsibility should not be abandoned** If massive threats and fast evacuation overwhelm your best efforts you must do the best you can and live with the best decisions you can make.

Conclusions

While the majority of survival plans for healthy families are going to be similar, planning for the elderly and disabled must be specific to the nature and degree of the disability. **In most cases some or all of the responsibility for preparedness and survival plan implementation will rest with the disabled person.** Facing these challenges for others and ourselves now is critically important. Maintaining ones health through diet, exercise and regular medical care can significantly reduce our disabilities, but not eliminate them. Most of us have or will have disabilities and medical issues of our own at some point. Planning and equipping ourselves for dealing with physically challenged survival issues must be included in our preparations.

Rocked Stoves Compared

On a recent winter camp outing we had the opportunity to test three different types of "rocket stoves" under winter cold and wet conditions. Rocket stoves offer big advantages over campfires and traditional camping stoves in many ways. While some of these stoves are a bit more bulky and heavy than the compact camping stoves they do not require one to carry fuel cylinder or liquid fuels. They use twigs, grass, and other natural debris as

fuel. They burn such fuels with such efficiency that a few handfuls of twigs is sufficient to boil water or cook a small meal. While they do not generate the same heat as a campfire they do not require one to use energy-gathering wood and hot food and drink inside is much more effective than a fire outside. In a home survival scenario they can be used to cook outside once to other fuels are exhausted. In this instance we tested the old Swiss rocket stove, the most modern "BioLite™" and the hybrid Kelly Kettle™ on a subfreezing morning in the woods. We used mainly available twigs and small branches as fuel.

The Swiss Army stove is basically a glorified "tin can" stove. An aluminum cylinder with a small port to put fuel in and vents to facilitate combustion. It comes with a cup that fits on top. It is light weight and since it acts as an outer cover for a canteen it takes up very little room. In the test it burned the twigs effectively but was very smoky and sooty. The cup got too hot to grab by the handles. So, while you could use this with natural fuel, it really is intended for use with "fuel tabs". Candles and other clean fuels. You can still get these at surplus outlets for about \$12.00.

The BioLite™ packs into a compact 6" x 4" bag the stove is a bit bulky at 33 oz for a survival pack, but is quite practical for long survival treks where fuel weight and availability are an issue. You can cook a meal with a few handfuls of wood without a big fire with its smoke and light. It is unique in that the heat from the stove actually recharges the fan battery and produces excess electrical energy for charging cell-phones, flashlights and other devices. You can also charge the battery from the plug adapter provided. To operate you simply drop in twigs, sticks, fuel stick and other dry fuel, light it and turn on the fan. In the test the cold batter

would not start the fan until the fire in the stove had warmed it up a bit. Once the fan started a fairly clean and intense flame was generated. A small kettle of water was boiling in about 4-minutes from three hands full of twigs. BioLite™ stove cost about \$125.00 at Bass Pro Shop.

The Kelly Kettle™. Is a kettle built around a rocket stove. Its rather bulky and heavy for packing and will not charge your batteries, but it will boil water almost as fast as a microwave. In the test it fired up quickly and got 3-cups of water boiling in about 4-minutes. Since boiling water is about 90% of all winter cooking tasks and you need it in a hurry with the least fuel the BioLite™ is not a bad option at \$75.00 from Cabela's

scraps all three stoves were coated with black carbon and were hard to clean up. This also coated the teakettle and Swiss cup we used. The Kelly Kettle did not require another pot. In previous tests using straw, grass and hardwood twigs the stoves were relatively clean.

Follow Up On The Aquaponics Article In Our Previous Issue

If you found the recent article on aquaponic food production interesting I highly advise that you go to: www.friendlyaquaponics.com . This site provides a huge amount of information on the systems including detailed instructions and training. You can also sign up for a free newsletter.



The rather smoky Swiss stove in on the left has just started to warm the water. The Bio Lite™ stove (center) is putting out a clean flame under the camp kettle while the Kelly Kettle (far right) has a full head of steam

Conclusions

For speed of heating and perpetual fuel availability, rocket stoves are essential for long-term outdoor survival. Choice depends on the weight you can carry and your budget. Since we burned pine

LIVE FREE USA HAS A NEW WEBSITE!

As you all may know “Live” and “Free” are two of the most ubiquitous words in the English language. They are also highly subject to missus and misunderstanding. Years ago our first “Live Free” site had all sorts of problems. A search engine looking for information on “survival”, “survivalists”, “Preparedness” etc. did not take people to “Live Free”. On the other hand people looking to “live” someplace or for something that is “live” or “free” would wind up with us. We got some really bizarre stuff. We were also frequently hacked. In 2006 we dumped the “Live Free” domain and bought up several “survival” and “survivalist” domains, set the site up as “AmericanSurvivor.org” and built a new site with lots of content and features. This worked pretty well, but the system was hard to update and the system became obsolete and was not mobile device friendly. Late in 2013 we began work on upgrading the site. By the time

you read this, it will be up and running. **At this point two thirds of our members join online and get all their publications through the site.**

. The new site has easier forms for joining, becoming an instructor, contacting us and joining the Self-Reliance Alliance. Events are displayed better and chapter leaders will find it easy to add their event listings. We have added a lot of new articles in both text and PDF formats. **We have also expanded the member's only**

sections to provide access to downloadable American Survivor issues, Live Free Reports, Flyers from upcoming events and some really great Special Publications. Articles and posts provide an opportunity to comment and communicate. **Approved officers will be able to post events and comments easily.** Go to AmericanSurvivor.Org to check it out.

SAVE THESE DATES!!!

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North of Winamac Indiana

Activities Start at 8:00 AM (EST) Run Through 6:00 PM

A wide variety of emergency preparedness, self-defense, field survival and self-reliance classes, workshops, exhibits and demonstrations will be presented throughout the day. Bring the whole family. Stay overnight in available cabins. Enjoy the park in spring. Become more self-reliant,

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Contact: survivorjj@aol.com for full rate details and flyers

LIVE FREE, USA 45th ANNUAL MEETING

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We hold a drawing for a gun each month at each and every meeting location.



Rantoul: Second Tuesday of month

The Linden, 224 Wheat Ave., Rantoul, IL 61866

Pontiac: First Tuesday of month.

Pontiac VFW Post 886, 531 W. Lincoln Ave., Pontiac, Illinois 61764

Effingham: First Thursday of the month.

Effingham Elk's Club, 2102 S. Banker Street, Effingham, IL 62401

Peoria: First Thursday of the month.

Knights of Columbus, 7403 North Radnor Road, Peoria, IL 61615

Visit our website if the regular monthly meeting date falls on a holiday to confirm time and date of the meeting. If you're interested in bringing a monthly Guns Save Life meeting to your community, contact us!

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