

2015 NW Indiana Prepares!



ACE CATERING is well known in NW Indiana for providing their expertise and delicious food at more than a dozen locations. Delivery to your home and private parties is also available.

A special menu is being prepared for us. Fried chicken is one ACE favorite, other specialties include Dragobobs, and even wild game! **Join us for lunch 11 to 2 - Come hungry!**

Confirmed Presentations: Current as of Aug 25, 2015

Check www.AmericanSurvivor.org/events for most up to date listings.



Ken Withrow, Founder of Green Farms A&M presents: **Aquaponics, Hydroponics & Indoor Farming**

Learn to grow healthy and affordable produce in a vertically-oriented, controlled environment and sustainable manner in your own home.



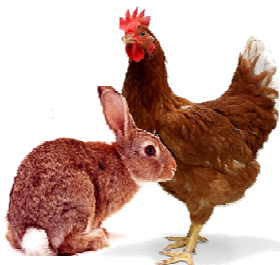
Jodi Barnett, N.H.C., QFA Clinician, Student: Doctor of Naturopathy, From Harvested Health, LLC presents: Herbs 'God's' Pharmacy.

Since the dawn of recorded history, plants have been the primary source of medicine for people throughout the world. Today, plants remain as the major source of medicine in most countries. Herbs are used in reference to any part of any plant used for flavoring or medicine. To learn where food ends and medicine begins please plan to attend.



Jim Jones, founder of Live Free USA, EMT/CHCM Presents: 10 principles of Survival

This presentation focuses on the psychological and physiological aspects of responding to high stress situations. Understanding and managing how the body and mind respond to disasters is more critical than knowledge and equipment. The ten principles discussed are applicable to immediate disasters, long-term survival challenges as well as every-day life.



Backyard Farming Forum

Experienced poultry and small game farmers explain how to create your own back yard farm. Bring your questions to these experts and create food for your family and potential income.

Continued on next page

Confirmed Presentations Continued: Current as of Aug 25, 2015
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Tom Ruzinok, of Toms Rain Barrels presents:
Emergency Water Purification, Myths & Truths

In order to ensure you have water to drink, you must collect it and be prepared to treat it. Numerous methods of water purification, will be described and discussed. Learn what is a myth and what is the truth.



SUN OVEN Cooking Essentials Seminar

Learn how to harness the power of the sun to cook, dehydrate, purify water and be better prepared for emergencies. Paul Munsen, of SUN OVENS International, will cover everything you need to know about using a SUN OVEN to bake, boil and steam foods. He will show how practical and easy it is to cook in a SUN OVEN and discuss the many economic, health and environmental benefits of cooking with the sun.

Never worry about burning dinner again. Learn how to use a SUN OVEN to naturally dehydrate fruits and vegetables, and enhance winter sprouting. Find out how to reduce your utility bills and the amount of fuel you need to store for emergency preparedness while helping families in deforested developing countries around the world.



Communication Basics:

How would you communicate with your family or get help if communications go down? If you found yourself in the middle of a wide-scale disaster such as a hurricane or other catastrophe and you had no government coming to help, how would you communicate with your family or others?



**REVERE'S
—RIDERS—**

Alan Metsker returns to share the Story of the Midnight Ride of Paul Revere as you've never heard it before!

The purpose of Revere's Riders is to educate the public in American history, support marksmanship sports, and promote civic engagement. Learn more by visiting their booth.

Today you will not hear the story you think you know, or the story you heard in school. It will be the real story, the story that historians have discovered, the story of the first day of the American Revolution.

Hear the true stories of April 19, 1775, the day our nation was born! The story will be presented in three 30 minute segments. April 19th was a day of choices, and these are the stories of real people who knew the cost of freedom and were willing to pay the price.

Check for the most current listings online: www.AmericanSurvivor.org/events

Continued on next page

Current as of Aug 25, 2015

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Hands-on Activities: Round table in SW corner of room

Some class sizes are limited and require a small fee. **Reservations suggested:** Confirm your spot with each instructor at their table or online in advance where that option is shown below.

Natural Products: Make personal and household cleaning products using natural ingredients and essential oils.

Medicine Cabinet Makeover: Healthy alternative to some of the chemicals in so many of our every day pharmaceuticals!

Knot Tying: A good knot can save lives when you're dealing with a survival situation, performing first aid, and when working over heights or water. But, you have to know how to tie it. Learn the right knot for the job. Limited seating. No charge to attend

Blended Salads: The benefits of consuming this uncommon dish are numerous. Jodi Barnett of Harvested Health reveals how to make this green elixir of health. Come taste for yourself!

Class size is limited to 10 each session. A \$5.00 fee covers the cost of the food you will eat! Please visit the website shown to pre-pay directly with Jodi confirming your place in class. **Designate 10:15 am or 2:45 Pm** class time by making note during the checkout process. <https://squareup.com/market/harvested-health-llc>

Demonstrations: conducted in seating near dining area

Trauma Wound Care: **Cowboy Care** Trauma Medicine. Whether the emergency room is open or closed you may be the first to respond. Learn what to do when seconds count and help is minutes or maybe days away.

Survival Stuff Show and Tell: **Jim Jones** Shows and demonstrates a variety of survival and emergency preparedness equipment. Learn what works and what doesn't.

Colloidal Silver **Michael Clark** local Michigan producer of Colloidal Silver will share with us the healing properties of Colloidal Silver. Studies have shown Colloidal Silver can be a effective natural alternative to pharmaceutical antibiotics. Learn what distinguishes a good Colloidal Silver product and how and when to use it. Colloidal Silver has been noted to be effective in treating a wide range of health issue from minor skin issues to more difficult to treat conditions.

Money Secrets from Wes Templeton: Financial experts have been predicting that the US economy will fail soon. Very soon. How do we prepare for that? What's actually in your wallet? Learn what is and what is NOT money. Where did your money come from?

Shotgun Basics For Home Defense: **Ray Duensing** shares the basics of this most versatile and powerful weapon. Some topics include: Reloading, Improvised Shotgun Loads, Home and Self-Defense with the shotgun, Accessories and much more.

Check for the most current listings online: www.AmericanSurvivor.org/events

Continued on next page

Ongoing Activities: Current as of Aug 25, 2015

Check www.AmericanSurvivor.org/events for the most up to date listings.

American Museum of Military Vehicles:

The AMMV will display an array of vehicles from their collection in the parking lot on the west side of the building.

Bring in your gold for cash! Find out what your unwanted jewelry is worth when turned in for cash. Also available for sale will be 1 oz silver coins!

Firearm Training Simulator: The GunsSaveLife booth will include a firearm training simulator. Test your skills hunting big game one time and water fowl the next!

Ham Radio Demonstration: Weather Permitting.

Para-Cord items: A selection of materials will be available for you to create your own survival bracelet or other items using para-cord. \$2.00 donation requested

Sun Oven Cooking: Learn how to harness the power of the sun to cook, dehydrate, purify water and be better prepared for emergencies.

Heartland Blood Mobile: 9:00 Am to 2:00 Pm

Please reserve your preferred time to donate blood on Heartlands secure web page. Consider calling a friend to donate with you. Every 3 seconds someone needs blood.
<http://www.tinyurl.com/Donate29AUG>

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Continued on next page

Vendor Contact Listings: Current as of Aug 25, 2015

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1st Family Survival

708-899-3401

THRIVE Life, America's best freeze dried survival food.

Ace Catering & Banquets

BanquetsAtStGeorge.net

219 864-1458

Custom Catering. Where elegance meets excellence.

Amateur Radio Club

Bill Johnson displays, discusses and demonstrates radio equipment

American Museum of Military Vehicles

Display of Military Vehicles

Binky Bunny Rabbitry

Facebook.com/TheBinkyBunnyRabbitry

Rabbitry registered with ARBA specializing in French Angoras for both wool and show.

Constitution Preservation

ConstitutionPreservation.org

512-461-0995

Survival Knot tying skills and Secrets to Sovereignty (bring .999 silver)

Cowboy Care Trauma Medicine

cowboycaretrauma@yahoo.com

Facebook.com/pages/Cowboy-Care-trauma-medicine/443470065856573

Learn what to do when seconds count and help is minutes or maybe days away.

Custom Cord Creations

Learn to make your own paracord bracelet or key fob.

Damsel in Defense

MyDamselPro.net/PRO1127

Stun guns, pepper sprays, kubotans, door alarms, personal defense key chains and bracelets.

Darkhorse Armor, LLC

darkhorsearmor.com

A veteran owned and operated dealership selling body armor and plate carriers

DDS

Land navigation courses

Gold Is Wealth

Purchasing old gold and offering silver bouillon

Guns Save Life

GunsSaveLife.com

Firearm training classes and simulator

Continued on next page

Vendor Listings Continued: Current as of Aug 25, 2015

Check www.AmericanSurvivor.org/events for the most up to date listings.

Green Farms A & M Facebook.com/GreenFarmsAM 219-204-2386
Founder Ken Withrow presentation and consultations on Aquaponics

Harvested Health HarvestedHealth.mynsp.com 219 713-4789
Natural Health Consulting, Raw Food Classes, QFA Body Assessments, Live Cell Analysis,

Health & Wellness with Essential Oils 219 617-2285
Natural healthcare with essential oils. mydoTERRA.com/kristenkelly

Heartland Blood Centers Heartlandbc.org 219 922-1942
Sole provider of blood products in 9 Lake County Hospitals

Live Free, USA AmericanSurvivor.org
Preparedness books and products

Lorpa Honey Farm Lori Clark Apitherapy
Bee Ready! Honey, pollen, hive products and healing, as well as bee venom therapy.

Michael Clark Healthy Skin and Hair Solutions 231-854-6852
Colloidal silver, soap, lotion, shampoo bars and facial bars hesperiamike@yahoo.com

Money Secrets from Wes Templeton
Learn what the bank does not want you to know about money.



MWT Services MWTservices.com
No-Rinse Body wash & Shampoos. Magazines: Surplus Today, Bugout Mag,

Protective Tactics 101 ProtectMeDon.com
Simple system enabling you to save the lives of yourself and loved ones.

Revere's Riders HitsCount.org
Marksmanship programs with our country's history included.

SUN OVEN, Inc. Sunoven.com
Paul Munson Solar Ovens and accessories

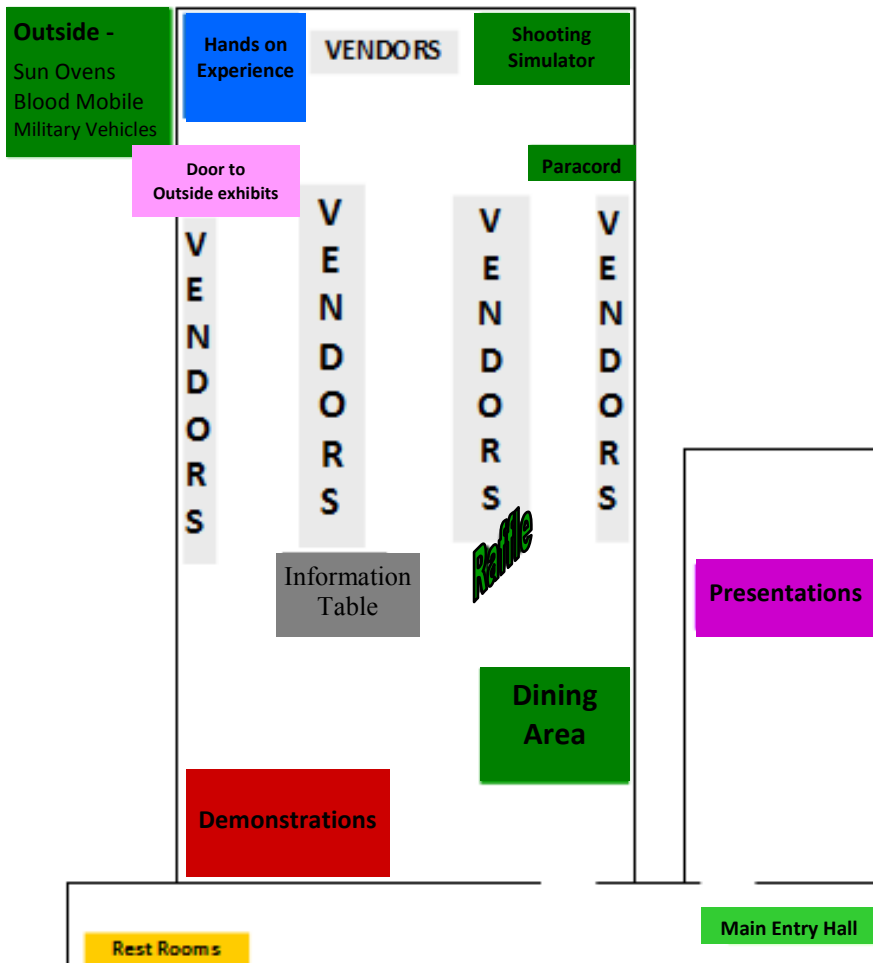
Tom's Rain Barrels TomsRainBarrels.com 847-854-9156
Rain barrels, water storage barrels, and emergency water purification products

Xpectre Inc. Xpectre.com 630-276-6719
Survival Bows and Gear

WELCOME to the NW Indiana Prepares Expo!

This expo is free to attend today courtesy of Live Free, USA, a non-profit organization based in Munster, Indiana. Please visit our table to learn more about the educational community events we offer, enter our raffle and to consider becoming a member of Live Free, USA or donating towards future events similar to this one.

Join us online at: www.AmericanSurvivor.org



Presentation Schedule

- 9:15: Ten Principles of Survival
- 10:00: Revere's Riders Story part 1
- 10:30 Water Purification Myths & Truths
- 11:15: Aquaponics/Hydroponics
- Noon: Revere's Riders Story part 2
- 12:30: Herbs 'Gods' Pharmacy
- 1:15: Sun Oven Cooking Essentials
- 2:00: Revere's Riders Story part 3
- 2:30: Emergency Communications
- 3:15: Backyard Farming Forum

Ongoing Activities



- 1st Prize: Mauser Rifle
- 2nd Prize: Front Sight Certificate

Enter at Live Free Table
Drawing: 4:00 Pm
you need not be present to win.

Ace Catering Dining

Learn to make your own para-cord bracelet

Shooting Simulator

Sun Oven demonstration - outside

American Museum of Military Vehicles - outside

Heartland Blood Drive - outside

Hands On Experience

Reservations upon arrival is suggested. Space is limited.
A small fee to cover materials you take home may be charged.

Please reserve your seat directly with Harvested Health,
Health & Wellness with Essential Oils, and Michael Badnarik
All are located near the hands on experience corner.

9:30 Am, 12:30 Pm

Make your own Household Cleaner

Reserve with Kristen at Health & Wellness

11:00 Am. And 2:00 Pm.

Make over your Medicine Cabinet

Reserve with Kristen at Health & Wellness

10:15 Am. and 2:45 Pm.

Improve your health with Blended Salads

Reserve with Jodi at Harvested Health

11:45 Am and 1:15 Pm

Knot Tying that may save your life

Demonstrations

10:15 Am. And 12:30 Pm

Cowboy Care Trauma Medicine

11:00 Am. And 2:00 Pm.

Survival Stuff Show and Tell!

11:45 Benefits of Colloidal Silver

1:15 Money Secrets - Wes Templeton

2:45 Shotgun Basics for Home Defense